



Truvelop™

Getting to Know Each Other

Trending Cards

Icebreaker for individuals and groups



This meeting starter is great because

- it lets people self-define
- it gives people a “personality” outside the typical work environment
- it gives participants quick snapshots of multiple players
- it creates memorable visuals that give people conversation pieces as the meeting progresses.

Step-by-step:

1. Provide cards or paper and markers.
 2. Instruct participants to create a personal trending card including a self-portrait, a nickname, and one thing about themselves that is curious/funny/interesting and probably unknown to other team members.
 3. In a group: have players place cards face down in a single location and pick up other cards not knowing from whom it is.
 - a. Players must read the card and try to figure out who the member is.
 - b. Players can ask questions about the unknown fact and have the card-member elaborate.
 4. One-on-one: use the unknown fact about the person to ask questions, fuse conversation, and foster a connection between you.
- Keep the play at or less than 15 minutes long.



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EXTRAS

If you want to go deeper, feel free to ask the team player to include

- values
- hobbies
- favorite bands/shows/movies
- greatest achievement so far
- biggest fear



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