

# Manager v. Leader Reflection

Are you an effective leader? Complete this guide to reflect on your leadership competencies.

I regularly check-in with my team

I frequently share praise and recognition

I feel comfortable sharing constructive feedback

I seek out feedback from my team

I regularly seek out learning opportunities

I set goals with my team  
each performance period

I encourage a growth  
mindset with my team

I've fulfilled my  
organization's utilization  
goals

Based on how I answered  
these statements, what is  
going really well? What  
do I want to continue to  
leverage?

Based on how I answered  
these statements, what  
do I need to work on?  
How can I grow to better  
support my team?

Becoming an effective and inspiring leader doesn't always come naturally to people, but these are skills that you can develop over time. Truvelop is here to support your development journey and help you create the best possible employee experience by growing into a leader.